## LUNCH K-8 & 9-12 2024-2025





Monday	Tuesday	Wednesday	Thursday	Friday
2 - Hamburger - Pasta W/ Olive Oil & Parmesan - Chicken Bacon Ranch Wrap	<ul> <li>3 - Chicken Corn Dog</li> <li>- Bagel Kit</li> </ul>	<b>4</b> - Yogurt Berry Parfait W/ Muffin - Bagel Kit	<sup>5</sup> No meal service	6 No meal service
9 No meal service	10 No meal service	11 No meal service	12 No meal service	13 No meal service
16 No meal service	17 No meal service	18 No meal service	19 No meal service	20 No meal service
23 No meal service	24 No meal service	25 No meal service	26 No meal service	27 No meal service
30 No meal service	1	2	3	4

#### Drinks

Nonfat Milk, 1% Milk

This institution is an equal opportunity provider and employer



# Vegan / Gluten Free





Мо	nday	Tuesday	Wednesday	Thursday	Friday
2		3 - Vegan Spanish Beans W/ Cilantro Lime Rice	4	5 No meal service	<sup>6</sup> No meal service
9	No meal service	10 No meal service	11 No meal service	12 No meal service	13 No meal service
16	No meal service	17 No meal service	18 No meal service	19 No meal service	20 No meal service
23	No meal service	24 No meal service	25 No meal service	26 No meal service	27 No meal service
30	No meal service	1	2	3	4

#### Drinks

#### Nonfat Milk, 1% Milk

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### LOS ALTOS EGAN JUNIOR HIGH 7-8 JUNE

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## LUNCH K-8 & 9-12 2024-2025



Date	Menu Item Co		Cour	Count Allergens	
Monday 2	Hamburger		60	Wheat, Soy, Beef, Sesame	
monday =	Pasta W/ Olive Oil & Parmesan	Veg		Wheat, Milk	
				Wheat, Milk, Pork, Chicken, Egg,	
	Chicken Bacon Ranch Wrap		40	Tomato	
				Wheat, Soy, Egg, Chicken, Turkey,	
Tuesday 3	Chicken Corn Dog		60	Sesame	
	Bagel Kit	Veg	20	Wheat, Soy, Milk, Sesame	
Wednesday					
4	Yogurt Berry Parfait W/ Muffin	Veg	10	Wheat, Egg, Milk, Soy	
	Bagel Kit	Veg	20	Wheat, Soy, Milk, Sesame	

3162 Baumberg Avenue, Hayward, CA 94070





LOS ALTOS EGAN JUNIOR HIGH 7-8 JUNE		Vegan / Gluten Free			The LunchMaster
Date Menu Item			Cou	nt Allergens	
Tuesday 3	Vegan Spanish Beans W/ Cilantro Lime Rice	V	50	Tomato	

3162 Baumberg Avenue, Hayward, CA 94070

