

LOS ALTOS EGAN JUNIOR HIGH 7-8

MAY



LUNCH K-8 & 9-12 2024-2025



Monday	Tuesday	Wednesday	Thursday	Friday
28 - Cheeseburger - Chicken Enchiladas - Sbj Sammie	29 - Spaghetti W/ Beef Meatsauce - Beef Hot Dog - Bagel Kit	30 - Sesame Orange Chicken W/ Rice - Cheese Wrapadilla - Turkey & Cheese On Dutch Crunch	1 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - Hummus Rainbow Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips	2 - Pepperoni Pizza - Cheese Pizza
5 - Hamburger - Pasta W/ Olive Oil & Parmesan Pasta - Bagel Kit	6 - Chicken Corn Dog - Veggie Chow Mein	7 - Chicken Calzone - Pasta W/ Marinara & Mozzarella - Pesto Caprese Salad	8 - Breaded Chicken Sandwich - Mac & Cheese - Tex Mex Bistro Box W/ Tortilla Chips	9 - Pepperoni Pizza - Cheese Pizza - Chicken Caesar Salad W/ Dinner Roll
12 - Bbq Cheeseburger - Chicken Caesar Wrap	13 - Beef Hot Dog - Sbj Sammie - Bagel Kit	14 - Popcorn Chicken & Tater Bowl - Chicken Bacon Ranch Salad W/ Dinner Roll	15 - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce - Cobb Salad Wrap	16 - Pepperoni Pizza - Cheese Pizza - Santa Fe Chicken Salad
19 - Hamburger - Boneless Buffalo Chicken Wings & Rice Pilaf - Vegan Fried Rice	20 - Sweet And Sour Chicken - Cheesy Breadsticks W/ Marinara Sauce	21 - Buffalo Chicken Hoagie - Teriyaki Chicken W/ Rice & Veggies - Chicken Pesto Wrap	22 - Breaded Chicken Sandwich - Western Wrap Up - Cheesy Bean Dip W/ Tortilla Chips	23 - Pepperoni Pizza - Cheese Pizza - Chicken Caesar Salad W/ Dinner Roll
26 Memorial Day	27 - Spaghetti W/ Beef Meatsauce - Beef Hot Dog	28 - Sesame Orange Chicken W/ Rice - Cheese Wrapadilla - Turkey & Cheese On Dutch Crunch - Bagel Kit	29 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Hummus Rainbow Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips	30 - Pepperoni Pizza - Cheese Pizza - Chicken Caesar Wrap

Drinks

Nonfat Milk, 1% Milk

This institution is an equal opportunity provider and employer



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN

PLACE YOUR ORDER NOW!



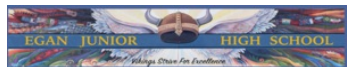
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LOS ALTOS EGAN JUNIOR HIGH 7-8

MAY



Monday	Tuesday	Wednesday	Thursday	Friday
28 - Vegan 3 Bean Chili W/ Tortilla Chips	29 - Vegan Fried Rice	30 - Vegan Burrito Bowl	1	2 - Myo Vegan Tacos
5	6 - Vegan Spanish Beans W/ Cilantro Lime Rice	7	8	9
12 - Vegan Burrito Bowl	13	14 - Myo Vegan Tacos	15	16
19	20 - Vegan 3 Bean Chili W/ Tortilla Chips	21 - Vegan Fried Rice	22	23
26 Memorial Day	27 - Vegan Fried Rice	28	29	30

Drinks

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VEGETARIAN



VEGAN



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MAY

LUNCH K-8 & 9-12

2024-2025



Date	Menu Item	Count	Allergens
Monday 28	Cheeseburger	70	Wheat, Soy, Milk, Beef, Sesame
	Chicken Enchiladas	25	Soy, Milk, Chicken, Tomato, Sesame
	Sbj Sammie	Veg 50	Wheat, Soy, Sesame
Tuesday 29	Spaghetti W/ Beef Meatsauce	70	Wheat, Egg, Beef, Milk, Tomato, Soy
	Beef Hot Dog	70	Wheat, Soy, Beef, Sesame
	Bagel Kit	Veg 20	Wheat, Soy, Milk, Sesame
Wednesday 30	Sesame Orange Chicken W/ Rice	50	Wheat, Soy, Chicken, Sesame
	Cheese Wrapadilla	50	Wheat, Milk
	Turkey & Cheese On Dutch Crunch	20	Wheat, Soy, Milk, Turkey, Sesame
Thursday 1	Chicken Nuggets W/ Olive Oil & Parmesan Pasta	70	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Beef Chili W/ Cornbread	25	Wheat, Soy, Egg, Milk, Beef, Tomato
	Hummus Rainbow Wrap	Veg 50	Wheat
	Southwest Veggie Taco Salad W/ Tortilla Chips	25	Milk, Soy, Tomato, Egg
Friday 2	Pepperoni Pizza	75	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg 75	Wheat, Soy, Milk, Tomato
Monday 5	Hamburger	70	Wheat, Soy, Beef, Sesame
	Pasta W/ Olive Oil & Parmesan Pasta	Veg 100	Wheat, Milk
	Bagel Kit	Veg 20	Wheat, Soy, Milk, Sesame
Tuesday 6	Chicken Corn Dog	100	Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Veggie Chow Mein	Veg 35	Wheat, Soy, Egg, Sesame
Wednesday 7	Chicken Calzone	70	Wheat, Soy, Egg, Milk, Pork, Chicken, Fish, Tomato, Sesame
	Pasta W/ Marinara & Mozzarella	Veg 70	Wheat, Egg, Milk, Tomato
	Pesto Caprece Salad	Veg 30	Wheat, Milk, Tomato
Thursday 8	Breaded Chicken Sandwich	70	Wheat, Soy, Milk, Chicken, Sesame
	Mac & Cheese	Veg 70	Wheat, Milk
	Tex Mex Bistro Box W/ Tortilla Chips	30	Soy, Milk, Tomato, Sesame
Friday 9	Pepperoni Pizza	75	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg 75	Wheat, Soy, Milk, Tomato
	Chicken Caesar Salad W/ Dinner Roll	40	Wheat, Soy, Milk, Chicken, Sesame
Monday 12	Bbq Cheeseburger	100	Wheat, Soy, Milk, Beef, Tomato, Sesame
	Chicken Caesar Wrap	35	Wheat, Chicken, Milk, Egg, Fish
Tuesday 13	Beef Hot Dog	100	Wheat, Soy, Beef, Sesame
	Sbj Sammie	Veg 35	Wheat, Soy, Sesame
	Bagel Kit	Veg 35	Wheat, Soy, Milk, Sesame
Wednesday 14	Popcorn Chicken & Tater Bowl	70	Soy, Milk, Chicken, Wheat
	Chicken Bacon Ranch Salad W/ Dinner Roll	50	Wheat, Soy, Egg, Milk, Pork, Chicken, Tomato, Sesame
Thursday 15	Chicken Nuggets W/ Rice Pilaf	70	Wheat, Soy, Egg, Milk, Chicken, Sesame

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Friday 16	Cheese Ravioli W/ Marinara Sauce	Veg	70	Egg, Milk, Wheat, Tomato
	Cobb Salad Wrap		30	Wheat, Soy, Egg, Milk, Tomato, Turkey
	Pepperoni Pizza		75	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg	75	Wheat, Soy, Milk, Tomato
	Santa Fe Chicken Salad		40	Chicken, Milk, Tomato, Soy, Egg
Monday 19	Hamburger		70	Wheat, Soy, Beef, Sesame
	Boneless Buffalo Chicken Wings & Rice Pilaf		70	Wheat, Soy, Milk, Chicken, Sesame
	Vegan Fried Rice	V	30	Soy, Sesame
Tuesday 20	Sweet And Sour Chicken		50	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Cheesy Breadsticks W/ Marinara Sauce	Veg	70	Wheat, Soy, Milk, Tomato, Sesame
Wednesday 21	Buffalo Chicken Hoagie		35	Wheat, Soy, Milk, Chicken
	Teriyaki Chicken W/ Rice & Veggies		50	Wheat, Soy, Chicken, Sesame
	Chicken Pesto Wrap		35	Chicken, Wheat, Milk, Soy
Thursday 22	Breaded Chicken Sandwich		70	Wheat, Soy, Milk, Chicken, Sesame
	Western Wrap Up		50	Wheat, Soy, Milk, Chicken, Tomato, Sesame
	Cheesy Bean Dip W/ Tortilla Chips		50	Milk, Soy
Friday 23	Pepperoni Pizza		75	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg	75	Wheat, Soy, Milk, Tomato
	Chicken Caesar Salad W/ Dinner Roll		40	Wheat, Soy, Milk, Chicken, Sesame
Tuesday 27	Spaghetti W/ Beef Meatsauce		70	Wheat, Egg, Beef, Milk, Tomato, Soy
	Beef Hot Dog		70	Wheat, Soy, Beef, Sesame
Wednesday 28	Sesame Orange Chicken W/ Rice		50	Wheat, Soy, Chicken, Sesame
	Cheese Wrapadilla		50	Wheat, Milk
	Turkey & Cheese On Dutch Crunch		35	Wheat, Soy, Milk, Turkey, Sesame
	Bagel Kit	Veg	35	Wheat, Soy, Milk, Sesame
Thursday 29	Chicken Nuggets W/ Olive Oil & Parmesan Pasta		70	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Hummus Rainbow Wrap	Veg	50	Wheat
	Southwest Veggie Taco Salad W/ Tortilla Chips		50	Milk, Soy, Tomato, Egg
Friday 30	Pepperoni Pizza		40	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg	40	Wheat, Soy, Milk, Tomato
	Chicken Caesar Wrap		20	Wheat, Chicken, Milk, Egg, Fish



LOS ALTOS EGAN JUNIOR HIGH 7-8

MAY

Vegan / Gluten
Free



Date	Menu Item		Count	Allergens
Monday 28	Vegan 3 Bean Chili W/ Tortilla Chips	V	25	Tomato
Tuesday 29	Vegan Fried Rice	V	20	Soy, Sesame
Wednesday 30	Vegan Burrito Bowl	V	50	Tomato
Friday 2	Myo Vegan Tacos	V	40	Tomato
Tuesday 6	Vegan Spanish Beans W/ Cilantro Lime Rice	V	35	Tomato
Monday 12	Vegan Burrito Bowl	V	35	Tomato
Wednesday 14	Myo Vegan Tacos	V	50	Tomato
Tuesday 20	Vegan 3 Bean Chili W/ Tortilla Chips	V	50	Tomato
Wednesday 21	Vegan Fried Rice	V	50	Soy, Sesame
Tuesday 27	Vegan Fried Rice	V	30	Soy, Sesame

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